Surrender Claudia Cummins

This blessing wants you to remember the gift of surrender.  
It wants you to unclench your fists and soften your mind.  
It wants you to let go of your ceaseless, empty struggles  
in order to reclaim a cleaner breath and a deeper peace.  
  
This blessing wants you to let life be, just as it is,  
It wants you to reshape your vision until you can see  
the gifts that arrive unbidden when we simply  
relax into what is without holding on to a single thing.  
  
Surrender calls us, over and over, to let go, to  
relinquish tight control over our lives, to settle in,  
perhaps sometimes even to sink. And it requires faith that despite the letting go, we are still held in steady arms of life.  
  
This blessing wants you to remember the deep blue relief  
that comes when accept life on it's own terms, full and free. It urges you to walk across the threshold of acceptance and all the way home to contentment and true love.

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***Questions for contemplation:*** *What does surrender look and feel like to me? How can I recognize its hidden gifts and happiness? How can I learn to make peace more deeply with life just as it is, and what might happen when I do?*