Peace is this moment without judgment.  
That is all. This moment in the Heart-space  
where everything that is is welcome.  
Peace is this moment without thinking  
that it should be some other way,  
that you should feel some other thing,  
that your life should unfold according to your plans.  
  
Peace is this moment without judgment,  
this moment in the heart-space where  
everything that is is welcome.  
  
  
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